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Title: Research Log, Wraiths.

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A small leatherbound  
journal containing notes  
upon research into the

Wraiths.

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A Wraith begins its "life"  
after death in a state  
known as an 'Enfant'.  
The Enfant is wrapped in  
a Caul, an ectoplasmic  
covering that protects  
them during this larval  
stage of their  
development. The Caul  
warps the perceptions of  
the Enfant until it is  
removed by one known as  
a 'Reaper'.

A Wraith's body is known  
as its corpus, formed of  
a substance known only  
as plasm. This plasm is  
the material that  
composes everything within  
the Shadowlands.  
Wraiths can be killed by  
other Wraiths, but this  
is only a temporary  
condition, as their body  
will reform.

Wraiths become weak and  
vulnerable unless they  
feed upon pathos - or  
emotion - which they  
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emotions of the living.  
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Manifestation amongst the Mortal world.

Possession.

Control of a mortals dreams.

The enhancement of Entropy.

Control over Shadows.

These are only the powers I have observed to be present amongst the Netherkin, doubtless there are many, many more.

Just like a Vampire possesses a 'beast' the Wraith has a 'Shadow' with which it must contend. The Shadow is a deep part of the Wraith, and can take its own form, albeit a powerful and uncontrollable one. A Wraith who cannot overcome its Shadow is doomed to an existence of torment and agony.